# From additive combinatorics to geometric measure theory, Part III 

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## Outline

(1) Times 2, times 3: Furstenberg's conjectures

## 2 An inverse theorem for the $L^{q}$ norm of convolutions

## A random looking sequence

22022221201010210101020101201101000202020000220101010122220 20000211022012102212212011120121020001010212220221000001212 22100011100210211002000200121021111222200222210012221221022 01110002111121202101020100200211121102200000010112002100122 10221210002200111102012101120220002210221211101102221212000 12002222120120202021102221210200120212021021202220221011101 11200001212211100001221200101222121101021111200211212211201 10211202020020222121200021100220101001011201222102222100212 02102200121000120200121202211021202202001121002120220221020 00122001201100021122221012102120012200210110010222220102202 12210102021111211221100211202120120012221

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## Definition

The base $p$ expansion of $n \in \mathbb{N}$ is given by

$$
n=\sum_{i=1}^{k} x_{i} p^{i} \quad x_{i} \in\{0,1, \ldots, p-1\}
$$

## Furstenberg's principle

## Principle (Furstenberg)

Expansions in bases 2 and 3 have no common structure.
More generally, this holds for bases $p$ and $q$ which are not powers of a common integer or, equivalently, $\log p / \log q$ is irrational.

## Ternary expansions of powers of 2

## Principle (Folklore, Furstenberg)

The ternary expansion of large of powers of 2 should "look random".

Open problem
With finitely many exceptions, the base 3 expansion of $2^{n}$ contains the digit 1

We cannot even establish some properties which are far weaker than "pseudo-randomness".

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## Base p expansions

Let $p \in \mathbb{N} \geq 2$. Every point $x \in[0,1]$ has an expansion to base $p$ :

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x=0 . x_{1} x_{2} \ldots=\sum_{n=1}^{\infty} x_{n} p^{-n}, \quad x_{i} \in\{0,1, \ldots, p-1\} .
$$

Basic facts:
(1) All but countably many (rational) points have a unique expansion; the remaining ones have two expansions.
(3) A point is rational if and only if the expansion is eventually periodic.
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For $p \in \mathbb{N}_{\geq 2}$, let

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T_{p}\left(0 . x_{1} x_{2} \ldots\right)=\left(0 . x_{2} x_{3} \ldots\right)
$$

## Multiplying by 2 and by 3 : the founding father



## Some of the areas that Furstenberg initiated

(1) Ergodic theoretic methods in combinatorics (ergodic proof of Szemerédi's Theorem,...).
(2) Products of random matrices, non-commutative ergodic theory (simplicity of Lyapunov exponents, ...).
(3) Unique ergodicity of horocycle flow, toral maps,
(4) Disjointness of dynamical systems.
(5) Structure theorems (distal systems, general systems).
(6) $\times 2 \times 3$, rigidity of higher order actions.
(1) Fractal geometry $\cap$ ergodic theory (CP-processes, ...).

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## Remark

Furstenberg proved some results, and proposed many conjectures, which make precise (in different ways) the concept of "no common structure".

## Invariant sets

## Definition

A set $A \subset[0,1)$ is $T_{p}$-invariant if $T_{p}(A) \subset A$. That is, shifting the $p$-ary expansion of a point in $A$ gives another point in $A$.

- $[0,1)$ is $T_{p}$-invariant.
- $\{0,1 / q, \ldots,(q-1) / q\}$ is $T_{p}$-invariant.
- Let $D \subset\{0,1, \ldots, p-1\}$. The set $A=A_{p, D}$ of points whose base $p$-expansion has only digits from $D$ is $T_{p}$-invariant. We call it a p-Cantor set. Example: the middle-thirds Cantor set: the set of points whose base 3 expansion omits the digit 1.
- There is a wild abundance of invariant sets and no classification or description is possible.


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## Some p-Cantor sets

$A_{3,\{0,2\}}$, aka the middle-thirds Cantor set:
$A_{4,\{0,3\}}$, aka the middle-one quarter Cantor set:

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If $A, B$ are closed and invariant under $T_{2}, T_{3}$ respectively, then $A$ and $B$ have no common structure.


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If $A$ is closed and invariant under $T_{2}$ and $T_{3}$, then $A$ is either finite or the whole circle $[0,1)$.

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- The theorem is a weak confirmation of the principle since the set

A and itself certainly have a lot of common structure!

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## A corollary in terms of orbits

## Observation

- If $x$ is rational, then the orbit $\left\{T_{2}^{n} T_{3}^{m} x\right\}_{n, m=1}^{\infty}$ is finite.
- If $x$ is irrational, then the orbit $\left\{T_{2}^{n} T_{3}^{m} x\right\}_{n, m=1}^{\infty}$ is infinite (and its closure is invariant under $T_{2}$ and $T_{3}$ ).

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## "The" $\times 2, \times 3$ Furstenberg conjecture

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A Borel probability measure $\mu$ on $[0,1)$ is $T_{p}$-invariant if

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\mu(B)=\mu\left(T_{p}^{-1} B\right) \quad \text { for all Borel sets } B .
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Heuristically, $\mu$ is the distribution of a random point in $[0,1]$ which is invariant under shifting the $p$-ary expansion.

> Conjecture (Furstenberg 1967)
> If $\mu$ is $T_{2}$ and $T_{3}$ invariant, then $\mu$ is a convex combination of Lebesgue measure and an atomic measure supported on rationals.

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## How to quantify "shared structure"

(1) Furstenberg's Theorem says that non-trivial $T_{2}$ and $T_{3}$ invariant sets do not have too much shared structure in the most basic sense: they cannot be equal.
(2) How can we quantify shared structure in finer/more quantitative ways? The sets we are interested in are fractal: they are uncountable but of zero Lebesgue measure, and have some form of (sub)-self-similarity.
(0) Geometry helps quantify common structure. For example, if two sets $A, B \subset \mathbb{R}$ have no shared structure one expects the sumset

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A+B=\{a+b: a \in A, b \in B\}
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to be "as large as possible" and the intersections $A \cap B$ and $A \cap(\lambda B+t)$ to be "as small as possible". If this does not happen, then there are "resonances" between $A$ and $B$ !

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## Hausdorff dimension of $p$-Cantor sets

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Dimension $=\log 2 / \log 3 \approx 0.631$
$A_{4,\{0,3\}}:$

1111
1111
II 11
1111

Dimension $=\log 2 / \log 4=0.5$

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A_{4,\{0,1,3\}}:
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Dimension $=\log 3 / \log 4 \approx 0.792$

## Furstenberg's sumset conjecture

## Conjecture 1

Let $A, B$ be closed and $T_{p}, T_{q}$ invariant (with $\log p / \log q \notin \mathbb{Q}$ ). Then

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\operatorname{dim}_{H}(A+B)=\max \left(\operatorname{dim}_{H}(A)+\operatorname{dim}_{H}(B), 1\right)
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## Motivation

- By Marstrand's Projection Theorem applied to $A \times B$,
$\square$ $\operatorname{dim}_{H}(A+\lambda B)=\max \left(\operatorname{dim}_{H}(A)+\operatorname{dim}_{H}(B), 1\right)$ for almost all $\lambda \in \mathbb{R}$ The goal is to prove that there are no exceptions at all (outside of the trivial case $\lambda=0$ ).
- Moreover, the right-hand side is always a (trivial) upper bound. For a strict inequality to occur, A and B must have "shared structure at many scales'


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## Solution to Furstenberg's sumset conjecture

Theorem (Y.Peres-P.S. 2009, F. Nazarov-Y.Peres-P.S. 2012) If $A, B$ are a $p$-Cantor set and a $q$-Cantor set, then

$$
\operatorname{dim}_{H}(A+\lambda B)=\min \left(\operatorname{dim}_{H}(A)+\operatorname{dim}_{H}(B), 1\right) \text { for all } \lambda \in \mathbb{R} \backslash\{0\} .
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## Solution to Furstenberg's sumset conjecture

Theorem (M.Hochman-P.S. 2012)
If $A, B$ are closed and $T_{p}, T_{q}$-invariant, then

$$
\operatorname{dim}_{H}(A+\lambda B)=\min \left(\operatorname{dim}_{H}(A)+\operatorname{dim}_{H}(B), 1\right) \text { for all } \lambda \in \mathbb{R} \backslash\{0\} .
$$

## No exceptions in the projection theorems

Theorem (Marstrand 1954)
For any Borel set $A \subset \mathbb{R}^{2}$,

$$
\operatorname{dim}_{H}\left(P_{\theta} A\right)=\operatorname{dim}_{H}(A)
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for almost all $\theta$.

> Remark
> The methods introduced to solve Furstenberg's sumset conjecture allow to show that for large classes of dynamically defined fractal sets and measures, there are no exceptions in Marstrand's projection theorem (and variants), other than the trivial ones.

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## Product, projection, fiber



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## More general notions of shared structure?

- I argued that if

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\operatorname{dim}_{\mathrm{H}}(A+B)<\min \left(\operatorname{dim}_{\mathrm{H}}(A)+\operatorname{dim}_{\mathrm{H}}(B), 1\right)
$$

then $A$ and $B$ have "common structure" at many scales.

- But the opposite is far from true! For many ("most") sets $A$, even of dimension $\leq 1 / 2$, even $T_{p}$-invariant ones,

$$
\operatorname{dim}_{H}(A+A)=\min \left(2 \operatorname{dim}_{H}(A), 1\right)
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- A stronger notion of shared structure is given by the size of intersections. For example, $A \cap A$ is always larger than "expected" (if $\operatorname{dim}_{\mathrm{H}}(A)>0$ ).


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## Marstrand's slice theorem

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Let $A \subset \mathbb{R}^{2}$ be a Borel set.

- For almost all lines $\ell$ in $\mathbb{R}^{2}$,

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## More pictures!



Our old friend again: $A \times B$.

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$A \times B \cap$ any line $=A \cap$ affine image of $B$.

## Furstenberg's intersection conjecture

Conjecture 2 (Furstenberg 1969)
Let $A, B$ be closed and invariant under $T_{p}, T_{q}$ (seen as subsets of $\mathbb{R}$ ), with $\log p / \log q \notin \mathbb{Q}$.

Then for every affine bijection $f: \mathbb{R} \rightarrow \mathbb{R}$,

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## Motivation

- The conjecture says that for $A \times B$ there are no exceptional lines in the slicing theorem (other than horizontal/vertical ones)
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Theorem (Furstenberg 1969, Wolff 2000)
The conjecture holds if $\operatorname{dim}_{H}(A)+\operatorname{dim}_{H}(B) \leq 1 / 2$. More generally, one always has

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Theorem (P.S. 2016)
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The proof yields progress on several other problems involving self-similarity, including the smoothness of Bernoulli convolutions (mentioned in the second lecture), and an improvement on yet another conjecture of Furstenberg on projections of the Sierpiński triangle.

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## Meng Wu's proof



## Remark

- Meng Wu independently (and simultaneously) found another proof of the intersection conjecture.
- The proofs are strikingly different. Wu's proof is purely ergodic theoretical, using CP-processes (introduced by Furstenberg in the paper where he stated the conjecture) and Sinai's factor theorem.


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## A corollary on subsets of integers

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Fix $M \gg 1$, and let $A_{M}$ be the set of natural numbers whose base 2 expansion has at least $M$ zeros between any two ones. Note that:

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\lim _{n \rightarrow \infty} \frac{\log \left|A_{M} \cap\{1, \ldots, n\}\right|}{\log n}>0
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# Corollary (of Furstenberg's Intersection Conjecture) For any block $u=\left(u_{1} \ldots u_{k}\right)$ of ternary digits, if $M \gg 1$ and $E_{M, u}$ is the set of numbers in $A_{M}$ whose base 3 expansion misses the block $u$, then 

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## Back to the beginning

- The corollary says that nearly all natural numbers whose binary expansion has a sparse number of 1 s has a "fairly dense" ternary expansion.
- Here "nearly all" means: outside of a set with zero logarithmic density.
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- This would imply that the base 3 expansion of $2^{n}$ contains any ternary block $u$ if $n$ is large enough (in terms of $u$ ).
- So one can think of Furstenberg's intersection conjecture as a sort of "statistical version" of our initial conjecture that the ternary expansions of powers of 3 behave randomly.


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## Tools involved in the proof

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## Outline

## (1) Times 2, times 3: Furstenberg's conjectures

(2) An inverse theorem for the $L^{a}$ norm of convolutions

## $L^{q}$ norms of discrete measures

- From now on a measure is a probability measure supported on $2^{-m} \mathbb{Z} \cap[0,1)=\left\{j 2^{-m}: 0 \leq j<2^{m}\right\}$ for some large $m$.

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## $L^{q}$ norms of convolutions

- The convolution of $\mu, \nu$ is

$$
(\mu * \nu)(x)=\sum_{a+b=x} \mu(a) \nu(b)
$$

(Addition modulo 1, although it makes no difference)

- Young's inequality (just convexity of $t \mapsto t^{q}$ )
- When is there (almost) equality in Young's inequality? (for $1<q<\infty)$. Two easy situations:
- There are less trivial examples: let $A$ be a set that is "uniform" on some scales and "an atom" at the complementary scales. Then $\mu=1_{A} /|A|$ satisfies $\|\mu * \mu\|_{q} \sim\|\mu\|_{q}$.


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## An inverse theorem for the flattening of $L^{q}$ norms

Theorem (Informal version)
Let $\mu, \nu$ be measures such that

$$
\|\mu * \nu\|_{q} \geq 2^{-\varepsilon m}\|\mu\|_{q}
$$

Then there are "regular" sets $A, B$ of "large" $\mu, \nu$-measure such that in a "multiscale decomposition", on each scale either " $A$ is almost uniform" or " $B$ is an atom".

## Trees, branching, regular sets

## Definition <br> Suppose $m=\ell m^{\prime}$ for some (large) $\ell, m^{\prime}$. Given a set $A \subset m \mathbb{Z} \cap[0,1$ ), we consider the associated base- $2^{\ell}$ tree $T_{A}$ : its vertices of level $j$ are those dyadic intervals / of length $\left(2^{-\ell}\right)^{j}$ that intersect $A$.

Definition
$\square$ we say that $A$
is $k$-regular if the following holds:
For each dyadic interval of I of length $2^{-j \ell}$ that intersects $A$, there are exactly $k_{j+1}$ intervals $J$ of length $2^{-(j+1) \ell}$ that intersect $A \cap I$.

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Suppose $m=\ell m^{\prime}$ for some (large) $\ell, m^{\prime}$. Given a set $A \subset m \mathbb{Z} \cap[0,1)$, we consider the associated base-2 ${ }^{\ell}$ tree $T_{A}$ : its vertices of level $j$ are those dyadic intervals / of length $\left(2^{-\ell}\right)^{j}$ that intersect $A$.

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Given a sequence $k=\left(k_{1}, \ldots, k_{m^{\prime}}\right)$ with $k_{i} \in\{1, \ldots, \ell\}$, we say that $A$ is $k$-regular if the following holds:
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## The inverse theorem with more details

Theorem (P.S. 2016)
Given $\delta>0$, there is $\varepsilon>0$ such that the following holds for $\ell, m^{\prime}$ large enough. Let $m=\ell m^{\prime}$. If

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then there are sets $A, B$ such that:

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- $A$ and $B$ are $k$-regular and $k^{\prime}$ regular respectively for some sequences $\left(k_{1}, \ldots, k_{m^{\prime}}\right),\left(k_{1}^{\prime}, \ldots, k_{m^{\prime}}^{\prime}\right)$.
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- $\left\|\left.\mu\right|_{A}\right\|_{q} \geq 2^{-\delta m}\|\mu\|_{q}, \nu(B) \geq 2^{-\delta m}\|\nu\|_{1}$.
- $\mu(x) \leq 2 \mu(y)$ for all $x, y \in A$, same for $\nu$ and $B$.
- $A$ and $B$ are $k$-regular and $k^{\prime}$ regular respectively for some sequences $\left(k_{1}, \ldots, k_{m^{\prime}}\right),\left(k_{1}^{\prime}, \ldots, k_{m^{\prime}}^{\prime}\right)$.
- For each j,

Either

## The inverse theorem with more details

## Theorem (P.S. 2016)

Given $\delta>0$, there is $\varepsilon>0$ such that the following holds for $\ell, m^{\prime}$ large enough. Let $m=\ell m^{\prime}$. If

$$
\|\mu * \nu\|_{q} \geq 2^{-\varepsilon m}\|\mu\|_{q}
$$

then there are sets $A, B$ such that:

- $\left\|\left.\mu\right|_{A}\right\|_{q} \geq 2^{-\delta m}\|\mu\|_{q}, \nu(B) \geq 2^{-\delta m}\|\nu\|_{1}$.
- $\mu(x) \leq 2 \mu(y)$ for all $x, y \in A$, same for $\nu$ and $B$.
- $A$ and $B$ are $k$-regular and $k^{\prime}$ regular respectively for some sequences $\left(k_{1}, \ldots, k_{m^{\prime}}\right),\left(k_{1}^{\prime}, \ldots, k_{m^{\prime}}^{\prime}\right)$.
- For each j,

Either $k_{j} \geq 2^{(1-\delta) \ell}$ or $k_{j}^{\prime}=1$.

## A corollary

Definition
A set $B \subset[0,1]$ is $\eta$-porous if for every interval $I \subset[0,1]$ there is an interval $J \subset I \cap[0,1] \backslash B$ with $|J| \geq \eta \mid I$.
If $B \subset 2^{-m} \mathbb{Z} \cap[0,1]$, then we only require this for $\mid \| \geq 2^{-m} / \eta$.

## Corollary <br> If $\operatorname{supp}(\mu)$ is $\eta$-porous, then either


where $\varepsilon=\varepsilon(\eta, \delta, q)>0$.
In particular, this holds if $\mu$ is a (discretization of) an Ahlfors-regular measure, generalizing a result of Dyatlov-Zahl.

## A corollary

## Definition

A set $B \subset[0,1]$ is $\eta$-porous if for every interval $I \subset[0,1]$ there is an interval $J \subset I \cap[0,1] \backslash B$ with $|J| \geq \eta|I|$.
If $B \subset 2^{-m} \mathbb{Z}^{\prime} \cap[0,1]$, then we only require this for $\mid \| \geq 2^{-m} / \eta$.

## Corollary

If $\operatorname{supp}(\mu)$ is $\eta$-porous, then either

$$
\|\nu\|_{q} \geq 2^{-\delta m}
$$

or

$$
\|\mu * \nu\|_{q} \leq 2^{-\varepsilon m}\|\mu\|_{q}
$$

where $\varepsilon=\varepsilon(\eta, \delta, q)>0$.
In particular, this holds if $\mu$ is a (discretization of) an Ahlfors-regular measure, generalizing a result of Dyatlov-Zahl.

## Main tool I: Asymmetric Balog-Szemerédi-Bowers

Theorem (Tao-Vu, using ideas of Bourgain)
Given $\varepsilon>0$, there is $\delta>0$ such that the following holds:
If $A, B \subset 2^{-m_{\mathbb{Z}}} \cap[0,1)$ are such that

$$
\left\|\mathbf{1}_{A} * \mathbf{1}_{B}\right\|_{2} \geq \mathbf{2}^{-\delta m}\left\|\mathbf{1}_{A}\right\|_{2},
$$

then there are subsets $A^{\prime} \subset A, B^{\prime} \subset B$ such that $\left|A^{\prime}\right| \geq 2^{-\varepsilon}|A|$, $\left|B^{\prime}\right| \geq 2^{-\varepsilon}|B|$, and

$$
\left|A^{\prime}+B^{\prime}\right| \leq 2^{\varepsilon m}\left|A^{\prime}\right| .
$$

## Main Tool 2: Bourgain's additive part of sum-product machinery

## Remark

Recall that Freiman's Theorem says that if $|A+A| \leq K|A|$, then $A$ is a large subset of a GAP. But the best known bounds in Freiman's Theorem say nothing if $K$ grows exponentially (e.g. $2^{\eta m}$ ).
$\square$
Given $\delta>0$, there is $\eta>0$ such that the following holds for large enough $m$.

If $|A+A| \leq 2^{\eta m}|A|$, then $A$ contains a $k$-regular subset $A^{\prime}$ such that:

## Main Tool 2: Bourgain's additive part of sum-product machinery

## Remark

Recall that Freiman's Theorem says that if $|A+A| \leq K|A|$, then $A$ is a large subset of a GAP. But the best known bounds in Freiman's Theorem say nothing if $K$ grows exponentially (e.g. $2^{\eta m}$ ).

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## Main Tool 2: Bourgain's additive part of sum-product machinery

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Recall that Freiman's Theorem says that if $|A+A| \leq K|A|$, then $A$ is a large subset of a GAP. But the best known bounds in Freiman's Theorem say nothing if K grows exponentially (e.g. $2^{\eta m}$ ).

Theorem (Bourgain (implicitly))
Given $\delta>0$, there is $\eta>0$ such that the following holds for large enough $m$.

If $|A+A| \leq 2^{\eta m}|A|$, then $A$ contains a $k$-regular subset $A^{\prime}$ such that:
(1) $\left|A^{\prime}\right| \geq 2^{-\delta m}|A|$,
(2) For each $j \in\left\{1, \ldots, m^{\prime}\right\}$, either $k_{j}=1$ or $k_{j} \geq 2^{(1-\delta) \ell}$.

## The end of part III

## Thank you!!!

